

Directions

From I-95 take exit 99A to merge onto I-16 East toward Savannah. (8.9 mi)
From I - 16 head East.
Exit on the left onto Montgomery St. (.4 mi)
Turn right onto West Liberty Street (.9 mi)
Turn right onto Wheaton Street (1.2 mi)
Make a slight right onto Skidaway Rd, (.4 mi).
Destination will be on the right.



WAIVER

In consideration of my entry into the 2012 Coach O Silver Cheetah Invitational, I intend to be legally bound, do hereby for myself and/or my executors, waive, release and forever discharge any and all legal rights and claims of damages to person or property, arising out of my participation, the Officials, Chatham County, Savannah State University, City of Savannah, Coach O, AAU, USATF, the Savannah-Chatham Silver Cheetahs Track Club, their coaches, their agents, representatives, successors and assigns. I further testify that I am physically fit and in condition to compete in this event.

Signature of Entrant

Date

Signature of Parent/Guardian
(If entrant is under age 18)

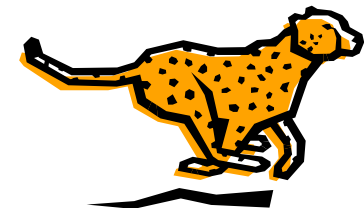
Date

2012 Coach O Silver Cheetah Invitational



Saturday April 21, 2012
Savannah State University
T.A. Wright Stadium
3219 College Street
Savannah, GA 31404

No Same Day Registration



Date: Saturday, April 21, 2012

Location:

Savannah State University
T. A. Wright Stadium
Savannah, GA 31404

Facility: 400 M Rekotan/Mondo

Host: Savannah-Chatham Silver Cheetahs

Information: www.silvercheetahchampions.ning.com

Meet Director: Ed Jinks

Meet Coordinator: Bernard Parker

Referee: Jerome White

Online Entry Information \$12

Online entries will be processed through www.coacho.com. Each athlete must submit a signed waiver form the day of the Meet before receiving their race numbers. Each relay runner has to be registered in an individual event.

Online Registration will be closed April 15, 2012 at 11:59 p.m.

Event	PW	P	SB	B	SM	M	SY	Y	I	YW/YM
Shot Put	●	●	●	●	●	●	●	●	●	●
Long Jump	●	●	●	●	●	●	●	●	●	●
Discus					●	●	●	●	●	●
Javelin								●	●	●
Mini Javelin	●	●	●	●	●	●	●			
High Jump			●	●	●	●	●	●	●	●
50	●									
100	●	●	●	●	●	●	●	●	●	●
200	●	●	●	●	●	●	●	●	●	●
400	●	●	●	●	●	●	●	●	●	●
800			●	●	●	●	●	●	●	●
1500			●	●	●	●	●	●	●	●
100 H								●		
110 H									●	●
200 H								●		
80 H					●	●				
4x100	●	●		●		●		●	●	●
4x400				●		●		●	●	●
1500 RW			●	●	●	●				

Age Divisions: Age Divisions are determined by the athlete's age as of December 31, 2012. Athletes must compete in their own age group.

Division	Year
Pee Wee	2005
Primary	2004
Sub Bantam	2003
Bantam	2002
Sub Midget	2001
Midget	2000
Sub Youth	1999
Youth	1998
Intermediate	1996-1997
Young M/W	1994-1995

AWARDS:

Medals: 1st - 3rd Place
Ribbons: 4th - 6th Place

CONTACT:

Ed Jinks (912) 660-1475
Email: jj9948@comcast.net

Order of Events

7:15 a.m. Officials/Coaches Meeting

Field Events

7:30 am	Javelin	SY, Y, I, YW, YM
8:00 am	Mini Javelin	PW, P, SB, B
8:30 am	High Jump	SY, Y, I, YW, YM
9:00 am	Discus	M, Y, I, YW, YM
10:00 am	Shot Put	PW, SB, B, SM, M
11:00 am	Long Jump	SY, Y, I, YW, YM
12:15 am	Shot Put	SY, Y, I, YW, YM
12:45 am	Long Jump	PW, P, SB, B, SM, M
1:45 pm	High Jump	SB, B, SM, M
2:00 pm	Triple Jump	SY, Y, I, YW, YM

Running Events: Rolling Schedule

8:00 am	3000 M Run	SY, Y, I, YW, YM
	1500 M RW	SB, B, SM, M
	50 M	PW, P, SB, B
	100 M	SY, Y, I, PW, P, SB, B, SM, M, YW, YM
	3000 M RW	SY, Y, I, YW, YM
	110 M H	IB, YM
	100 M H	SY, Y, IG, YW
	80 M H	SM, M
	4x100 M Relay	P, B, M, Y, I, YW, YM
	Parent/Coach Sprint Medley 100-100-200-400	P, SB, B, SM, M, Y, I, YW, YM
	400 M	
	200 M H	SY, Y
	800 M	P, B, M, Y, I, YW, YM
	200 M	P, B, M, Y, I, YW, YM
	4x400 M Relay	P, B, M, Y, I