

**MICHIGAN AAU**  
**Track & Field**  
**Michigan Indoor Youth Series Championship**  
**7 – 14 years**  
**March 13, 2010**  
**Ann Arbor, MI**



- DATE:** Saturday, March 13, 2010
- LOCATION:** University of Michigan Indoor Track Building  
Ann Arbor, Michigan
- HOST:** Darnell & Karen Hall, 313-271-3050 x189  
[khall@vistamaria.org](mailto:khall@vistamaria.org)
- Entry Deadline:** Register at [www.coacho.com](http://www.coacho.com) by March 8<sup>th</sup>. **There will be No On-site registration or Changes**
- Entry Fee:** \$15.00 per athlete  
Cash, Certified checks or money orders (no personal checks) payable to:  
Karen Hall – Greater Detroit Sports Club
- Mail Entry Fee & Waiver To:** Karen Hall  
12524 Broadstreet  
Detroit, MI 48204
- Time:** 9:00am - 4:00 p.m. This is a strict time schedule. The track will open at 9:00 a.m. for warm ups and check in.
- Gate Entry Fee:** **\$5.00 (All Spectators)**  
**Coaches will be allowed two free passes.**
- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
  - All participants must have a current AAU membership.
  - AAU membership may not be included as part of the entry fee to the event.
  - AAU membership must be obtained before the competition Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

## ORDER OF EVENTS

### **9:30 a.m.                    All field events**

Shot Put –**Girls**, bantam, midget, youth. **Boys** to follow same order.

Long Jump- **Boys**, primary, bantam, midgets, youth. **Girls** to follow the same order.

High Jump- **Girls**- bantam, midgets, youth. **Boys** to follow the same order.

*\*Competitors should bring their own implements to be used at Meet.*

### **10:30a.m.            Running Events- Boys will run first**

60 Hurdles Semi-Finals ((top 8 times advance to finals)

60m. Dash Semi-finals (top 8 times advance to finals)

1600m. Run

4x200 Relay

6-Under 40 M Dash (Special event)

60m. Finals

60 Hurdles Finals

800m.

200m.

400m.

- **All races will be run as a timed finals except the 60m. dash and 60m Hurdles.** All field events will be contested as a final with four attempts **except the high jump**. A limit of three events for athletes ages 7-12. Four events for athletes age 13-14. We reserve the right to combine age groups in events.
- All athletes are to report on the first call. If the athlete has not reported to the clerking area by the start of the first heat, the athlete will not be permitted to participate in that race.
- **ALL COACHES AND SPECTATORS ARE PROHIBITED FROM THE INFIELD AND THE TRACK ONCE THE TRACK EVENTS BEGIN. IF A TRACK COACH OR SPECTATOR REFUSES TO REMOVE HIM/HERSELF FROM UNAUTHORIZED AREAS IT WILL RESULT IN THE DISQUALIFICATION OF YOUR ENTIRE TEAM.**
- Good sportsmanship is expected of all coaches and athletes during the event.
- All jumps and throws for Long Jump, High Jump and Shot Put must be completed before 12:00 noon.
- Relay team members must be members of the team they represent and must wear jersey (tops) of the same color.
- **Throwing the baton following the finish of any relay will cause the relay team to be automatically disqualified from the event.**

**University of Michigan is requesting only 1/4" spikes or racing flats!**

**Awards: Medals will be given for 1<sup>st</sup> – 3<sup>rd</sup> place. Ribbons for 4<sup>th</sup> – 8<sup>th</sup>.**



# **MICHIGAN AAU INDOOR YOUTH CHAMPIONSHIP Waiver Form**

**PLEASE PRINT**

\_\_\_\_\_  
**First Name**

\_\_\_\_\_  
**Last Name**

\_\_\_\_\_  
**Address**

\_\_\_\_\_  
**City**

\_\_\_\_\_  
**State**

\_\_\_\_\_  
**Phone**

**Date of Birth**

\_\_\_\_/\_\_\_\_/\_\_\_\_  
month day year

**Circle:**

**Male**

**Female**

**Age Group:**

**7-8**

**9-10**

**11-12**

**13-14**

**Athlete's Participation Release:**

I do, hereby, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims for damage which may have or may hereafter accrue to me against AAU Track and Field, Michigan Association of AAU Track and Field, City of Ann Arbor Michigan, University of Michigan or their respective officers, agents, representatives, successors and/or assigns for any and all damages which may be sustained by me in connections with my association with or entry in the Michigan AAU Indoor Youth Series Championship, or which may arise out of traveling to or participating in, and returning from said meet.

Athlete's Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Track Club \_\_\_\_\_