



**SILVER CHEETAH CHAMPIONS**



**2013  
Coach O  
Cheetah  
Invitational**

**Welcome to Savannah!**

**Meet Details**

**Date:** Saturday, April 20, 2013

**Location:** Savannah State University T. A. Wright Stadium Savannah, GA 31404

**Facility:** 400 M Rekotan/Mondo

**Host:** Savannah-Chatham Silver Cheetahs

**Information:**  
<http://silvercheetahchampions.ning.com>

**Meet Director:** TBD

**Meet Coordinator:** Ed Jinks

**Referee:** TBD

**AWARDS:**  
Medals: 1st - 3rd Place  
Ribbons: 4th - 6th Place

**CONTACT:**  
Ed Jinks (912) 660-1475  
Email: [jj9948@comcast.net](mailto:jj9948@comcast.net)

**Online Entry Fee - \$14**

Online entries will be processed through [www.coacho.com](http://www.coacho.com). Each athlete must submit a signed waiver form the day of the Meet before receiving their race numbers and Coach O bag. Each relay runner has to be registered in an individual event. Online Registration will be closed April 15, 2013 at 11:59 p.m.

**Age Divisions:** Age Divisions are determined by the athlete's age as of December 31, 2013. Athletes must compete in their own age group.

Division	Year
Age 4 - 6	2009-2007
Age 7 - 8	2006-2005
Age 9	2004
Age 10	2003
Age 11	2002
Age 12	2001
Age 13	2000
Age 14	1999
Age 15-16	1998-1997
Age 17-18	1996-1995



**The Hostess City**

Savannah is the perfect place to visit for sports and recreation. We are looking forward to your team's arrival.



**Ted Wright Stadium**

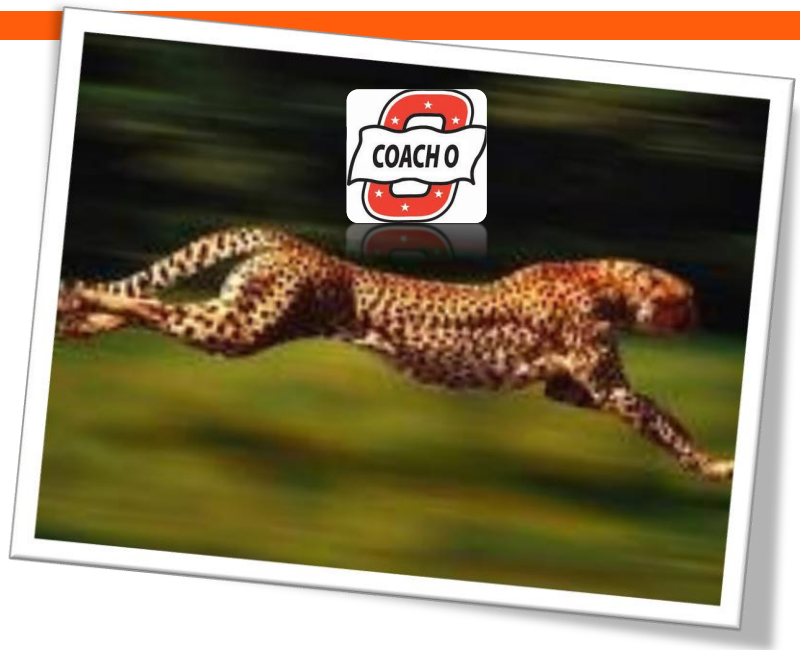
Enjoy competition in a beautifully remodeled stadium.

**Parking: Free**  
**Spectator Fee:** 13 & Up \$5.00  
12 & Under \$3.00

# Athlete Info

**COACH O SILVER CHEETAH INVITATIONAL**

Please be sure to complete the information below including the signed waiver for each athlete.



Athlete Name: \_\_\_\_\_ Team: \_\_\_\_\_

Boy \_\_\_ or Girl \_\_\_ Date of Birth \_\_\_\_\_ Age: \_\_\_ Entry Fee Paid? Yes \_\_\_ No \_\_\_

**Track Events:**

- (1) \_\_\_\_\_
- (2) \_\_\_\_\_
- (3) \_\_\_\_\_
- (4) \_\_\_\_\_

**Field Events:**

- (1) \_\_\_\_\_
- (2) \_\_\_\_\_
- (3) \_\_\_\_\_
- (4) \_\_\_\_\_

## Waiver

In consideration of my entry into the 2013 Coach O Silver Cheetah Invitational, I intend to be legally bound, do hereby for myself and/or my executors, waive, release and forever discharge any and all legal rights and claims of damages to person or property, arising out of my participation, the Officials, Chatham County, Savannah State University, City of Savannah, Coach O, AAU, USATF, the Savannah-Chatham Silver Cheetahs Track Club, their coaches, their agents, representatives, successors and assigns. I further testify that I am physically fit and in condition to compete in this event.

\_\_\_\_\_  
Signature of Entrant

\_\_\_\_\_  
Date

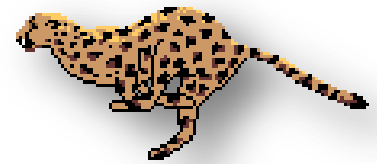
\_\_\_\_\_  
Signature of Parent/Guardian  
(If entrant is under age 18)

\_\_\_\_\_  
Date





## Coach O Silver Cheetah Invitational Order of Events Rolling Schedule



### 7:15 a.m. Officials/Coaches Meeting

#### Field Events

7:30 a.m.	Javelin	13, 14, 15-16, 17-18
8:00 a.m.	Mini Javelin	4, 5, 6, 7, 8, 9, 10, 11, 12
8:30 a.m.	High Jump	13, 14, 15-16, 17-18
9:00 a.m.	Discus	12, 13, 14, 15-16, 17-18
10:00 a.m.	Shot Put	4, 5, 6, 7, 8, 9, 10, 11, 12
11:00 a.m.	Long Jump	13, 14, 15-16, 17-18
12:15 a.m.	Shot Put	13, 14, 15-16, 17-18
12:45 a.m.	Long Jump	4, 5, 6, 7, 8, 9, 10, 11, 12
1:45 pm	High Jump	9, 10, 11, 12
2:00 p.m.	Triple Jump	13, 14, 15-16, 17-18

#### Running Events: Rolling Schedule

8:00 a.m.	3000 M Run	13, 14, 15-16, 17-18
	1500 M RW	7, 8, 9, 10, 11, 12
	50 M	4, 5, 6, 7, 8, 9, 10
	100 M	13, 14, 15-16, 4, 5, 6, 7-8, 9, 10, 11, 12, 17-18
	3000 M RW	13, 14, 15-16, 17-18
	1500 M Run	9, 10, 11, 12, 13, 14, 15-16, 17-18
	110 M H	15-16, 17-18
	100 M H	13, 14, 15-16, 17-18
	80 M H	11, 12
	4x100 M Relay	7-8, 9-10, 11-12, 13-14, 15-16, 17-18
	Parent/Coaches Sprint Medley 100-100-200-400	
	400 M	7, 8, 9, 10, 11, 12, 13, 14, 15-16, 17-18
	200 M H	13, 14
	800 M	7-8, 9-10, 11-12, 13-14, 15-16, 17-18
	200 M	7, 8, 9, 10, 11, 12, 13, 14, 4, 5, 6, 15-16, 17-18
	4x400 M Relay	7-8, 9-10, 11-12, 13-14, 15-16, 17-18



# Directions

**From I-95** take exit 99A to merge onto I-16 East toward Savannah. (8.9 mi)

## **From I - 16 head East**

Take exit **164A** for **Interstate 516 E/U.S. 80 E/U.S. 17 S/Georgia 21 S** toward **Lynes Pkwy**

Merge onto **I-516 E/US-17 S/US-80 E**

Continue to follow **I-516 E**

Continue onto **W Derenne Ave (516 E becomes Derenne Avenue)**

Turn left onto **Skidaway Rd**

Turn right onto **Laroche Avenue**

Destination will be immediately on the left

# GPS/MapQuest/GoogleMaps Info

Please use the information below to map your directions prior to your trip. City maps will be provided in your team packets.

**T.A. Wright Stadium**  
**3219 College Street**  
**Savannah, GA 31404**





2013



# Coach O Cheetah Invitational

## *Hotel Listings*

The following hotels have set up rate discounts for attendees of the 2013 Coach O Cheetah Invitational Track & Field Meet. Book your room today to get your discount before the deadline.

**\$79**

### Fairfield Inn Midtown

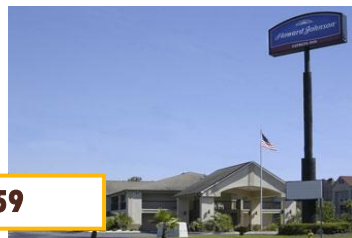
2 Lee Blvd - 31405

(912) 353-7100

Bloc: Coach O Cheetah Meet

Rate: \$79

Deadline: March 19, 2013

**\$59**

### Howard Johnson

17003 Abercorn St - 31419

(912) 220-5959

Bloc: Coach O Cheetah Meet

Rate: \$59

Deadline: April 12, 2013

**\$62**

### Red Roof Inn

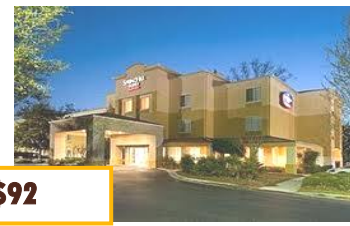
405 Al Henderson Blvd 31419

(912) 220-5959

Bloc: Coach O Cheetah Meet

Rate: \$62

Deadline: April 12, 2013

**\$92**

### Springhill Suites

11317 Abercorn Street

(912) 920-3787

Bloc: Coach O Cheetah Meet

Rate: \$92

Deadline: April 5, 2013

**\$80**

### Fairfield Inn & Suites

17027 Abercorn St - 31419

(912) 925-5050

Bloc: Coach O Cheetah Meet

Rate: \$80

Deadline: March 19, 2013

**\$74**

### Sleep Inn Gateway

17013 Abercorn St - 31419

(912) 921-1010

Bloc: Coach O Cheetah Meet

Rate: \$74

Deadline: April 12, 2013

**\$95**

### Comfort Suites Gateway

596 Al Henderson Blvd 31419

(912) 920-9499

Bloc: Coach O Cheetah Meet

Rate: \$95

Deadline: April 12, 2013

## 2013 Coach O Cheetah Event Spread Sheet

Event	4-6	7-8	9	10	11	12	13	14	15-16	17-18	Elite
Shot Put											
Long Jump											
Discus											
Javelin											
Mini Javelin											
High Jump											
Triple Jump											
50 M											
100 M											
200 M											
400 M											
800 M											
1500 M											
3000 M											
4x100											
4x400											
80 M Hurdles											
100 M Hurdles											
110 M Hurdles											
200 M Hurdles											
1500 RW											
3000 RW											

**Check-In:** Two (2) calls will be made for each event. Athletes running events must report to the Clerk at the north end of the stadium near the jump pits, ready to participate.

**Field Events:** athletes report directly to the event site. Long Jump and Triple Jump are located behind the score board. High Jump is located on the south end of the stadium. Other field events are located across the street.

**Equipment:** Athletes must use the baton and starting blocks of the Meet Host. Throwers can provide own implements. Spikes are limited to ¼." No Christmas tree or long spikes.

**Note:** Running Events take precedence over Field Events.

**Team Packet Pick-Up:** At TA Wright Stadium Frida14, 6-8 pm & Saturday 7-8 am.

**Coaches/Officials Meeting: Saturday morning 7:15 am.**

Hospitality at the Stadium for Officials & Out-of-Town Coaches on14, Friday 6-8 pm.

**Concession Stand:** Open during Meet. No radios allowed. No glass containers allowed in facility. Umbrellas allowed on top four rows only.

# Coach O Cheetah Invitational

<b>DATE:</b>	April 20, 2013
<b>TIME:</b>	7:30 a.m. to 4:30 p.m.
<b>HOST:</b>	Savannah Chatham Silver Cheetahs, Inc.
<b>AGE GROUP:</b>	4 to 18 as of 12/31/13 (Elite Group To Be Determined)
<b>GENDER:</b>	Both Boys & Girls
<b>ENTRY DEADLINE:</b>	April 15, 2013
<b>ENTRY FEE:</b>	\$14 per athlete Online – WWW.COACHO.COM
<b>AWARDS:</b>	1 <sup>st</sup> – 3 <sup>rd</sup> Medals 4 <sup>th</sup> – 6 <sup>th</sup> Ribbons
<b>RULES:</b>	AAU RULES
<b>FACILITY DATA:</b>	T.A. Wright Stadium
<b>LOCATION:</b>	Savannah State University, Savannah, GA 31404
<b>MEET DIRECTOR:</b>	Ed Jinks
<b>CONTACT DATA:</b>	Ed Jinks (912) 660-1475 Tara Smith: t.smith2208@comcast.net

## AGE DIVISIONS

<b>4U - 2009</b>	<b>8U - 2005</b>	<b>12 U - 2001</b>
<b>5U - 2008</b>	<b>9U - 2004</b>	<b>13/14 - 2000/1999</b>
<b>6U - 2007</b>	<b>10U - 2003</b>	<b>15/16 - 1998/1997</b>
<b>7U - 2006</b>	<b>11U - 2002</b>	<b>17/19 - 1996/1995</b>
		<b>20 &amp; Up - TBD</b>

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

